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Let's talk about mental health
Maddy Maher '18 argues counseling center additions help mental health awareness **page 5**

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Ruck & Roll
Men's rugby continues its winning streak, holding second place **page 16**

The Spectator

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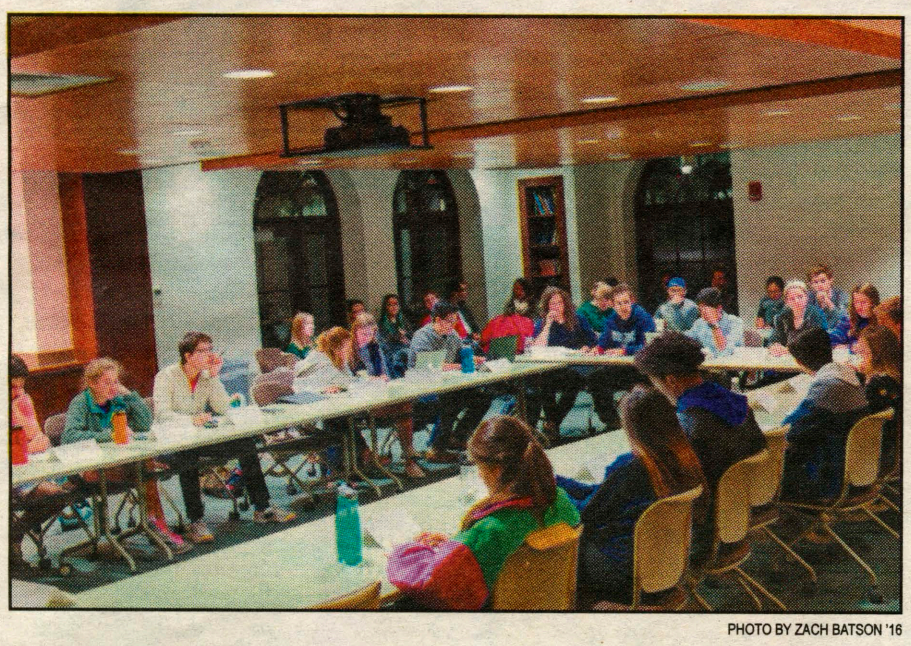

PHOTO BY ZACH BATSON '16

Late Night Jitney debated at Student Assembly meeting on Monday

by Dillon Kelly '18
News Writer

On Monday night, Student Assembly met to discuss a number of issues concerning the student body at Hamilton. However, as students began to file in before the meeting began, it was clear that all those present were anticipating the evening's discussion of the Late Night Jitney. At 9:00 exactly, upwards of ten students filed in as a unified group and positioned themselves in the corner of the Sadove Conference Room. This group was comprised of student officials who either worked for the Jitney Service or Event Staff. They were ready to express their frustrations about the service and make it clear that change was necessary.

"The issue is that ride alongs don't get the respect they deserve. Ride alongs are college officials."

—Gabe Rivas '16

The discussion of the Jitney began about 15 minutes into the meeting. Silvia Radulescu '17, Student Assembly vice president, began the discussion by presenting results from a survey that was given to the ride alongs about their experiences on the Late Night Jitney. The results stated that 54 percent of the ride alongs had at one time felt threatened, further saying they encountered violence, aggressive behavior, the unpredictable nature of intoxicated people, threats and derogatory language.

Steve Gross '16, co-head of Event Staff, went on to explain the current policy for dealing with and reprimanding students, while also expressing his discontent with the three-strike policy proposed at the previous meeting. Gross stated, "current policy is that if there is something that needs to be confronted, ride alongs can ask for identification. Ride alongs are college officials, so people are required to comply when they ask for ID." If the ride along does not get this information, they can access the cameras on the buses, and if the incident is bad enough Campus Safety is contacted. All other names are sent to Director for Student Engagement & Leadership Noelle Niznik, whose primary goal is documenting instances to see if there are repeated offences.

After explaining the details of Jitney policy, the conversation became more emotionally fueled, with the Jitney organizers and ride alongs expressing their frustrations. Gabe Rivas '16, co-organizer of the Jitney, stated his hope of creating a campaign to make students aware of the procedures. Rivas went on to say, "the issue is that ride alongs don't get the respect they deserve. Ride alongs are college officials, so if students don't comply with requests, that can warrant a report." Jeanette Parra '16, the other co-organizer, went on to emphasize how the Late Night Jitney is a privilege. She elaborated, "the ride along staff is not recognized and they do not get the respect they deserve. The staff is not obligated to keep it running."

Catherine Conroy '17, representative for the class of 2017, asked how many ride that accompany a jitney trip, which incited a lot of discussion. Rivas stated, "there used to be a Campus Safety officer, but that costs a lot of money. When Campus Safety left, things got harder." Niznik continued, explaining that no officers offered to ride the Late Night Jitney this semester, proving that the pay isn't worth it to deal with the behavior of certain students. Rivas summarized the staff's sentiments, saying, "it speaks volumes that even people who would be paid overtime aren't willing to ride along."

see ***Ride Alongs,*** *page 2*

Hamilton to replace Health Center

by Lucas Phillips '16
Editor-in-Chief

On Saturday, Oct. 3, Joel W. Johnson '65 P, '93 and his wife, Beth Johnson P, '93, announced to *The Spectator* their donation of a leadership gift to build a new wellness center, replacing the Thomas B. Rudd Health Center. The proposed 12,000 square foot building, housing both medical and counseling services, is expected to be completed by 2017 or 2018.

Johnson, the chairman of the trustee Committee on Budget and Finance from 2002 to 2013, reflected, "The Rudd facility is outmoded, outdated. It was relatively new when I was here 50 years ago....It was a fine facility in its time...but its time has come and passed." The new facility will alleviate a number of challenges posed by the current building.

Director of the Counseling Center David Walden explained some of these drawbacks to *The Spectator*. "We do not have dedicated group therapy rooms, our biofeedback room is located in a closet and we don't have enough space to accommodate all of our staff in the office at the same time." Space constraints are exacerbated by increased demand, which the Counseling Center has seen swell by 82 percent in the past four years.

Lana Gura '16, a student who has used the Counseling Center, commented on the importance of changing the location and set-up of services, saying, "the current location makes it unquestionable that students walking a certain pathway are headed to the Counseling Center, which may not be a comfortable reality for those dealing with the internalized stigma of seeking mental health services."

The new facility, roughly double the square footage of Rudd, will be two stories with counseling services on the second floor. The services would have a common entrance. A number of other features have been proposed for the new building, including a space dedicated for Hamilton College Emergency Medical Services (HCEMS), a three-season screened relaxation garden on the second floor and a two-story atrium to let in natural light. The plan is still in the schematic stages, however, and the final details are pending. No work has yet been done in designing the exterior of the building.

According to Beth Johnson, a psychologist herself, the design will "focus on peacefulness and healing and comfort and safety in the building." She explained that the new facility will emphasize education, preventative care and overall well-being beyond just treatment.

The new facility will be built in a central part of campus, probably facing College Hill Road. The College is considering the current location of Root Farmhouse, set to be demolished this summer.

The Rudd Health Center, named for Hamilton's 13th president, was constructed in 1959, a decade after his retirement. An addition was built in 1972. There are no plans yet for a new use of the Rudd building, and it may be demolished to improve restocking access for Soper Commons dining hall.

As a *Spectator* editorial suggested in 2012, "The limited staff and hours at the Health Center have long been a problem for our community." According to Medical Director of Student Health Services Aimee Pearce, they have been unable to address these concerns because they "are limited in [their] ability to hire new providers for evening or extended hours, as there is

see ***Leadership gift,*** *page 2*

Preview: Zella Day to headline CAB Fall Concert

by Max Newman '16
Arts & Entertainment Editor

PHOTO COURTESY OF ALEXANDRA VALENTI

Over the past few years, the mid-semester concerts of the Campus Activities Board (CAB) have featured artists like JoJo, Grouplove and RAC to name a few. While these concerts were fun, they were not particularly memorable. CAB's Fall 2015 Concert featuring singer/songwriter Zella Day this Friday, Oct. 9, however, will be different. Fresh off her first major tour in support of her full-length debut album *KICKER* (June 2015), Day is set to deliver one of the most impressive and authentic performance Hamilton has ever seen.

Day released *KICKER* on her self-imprinted Pinetop Records, in partnership with Hollywood Records. She coined her label as a tribute to her hometown of Pinetop, AZ, which, in addition to her family background, has greatly influenced her artistic identity.

"The place I grew up in was a quiet little town perfect for a young girl finding herself in music," Day explained in an interview with *The Spectator*. "There [were] no external pressures other than to completely be myself." Day had no trouble finding a stage, as the only place in town for live music was her family-owned coffee shop, Mor Mor Coffee.

see ***Zella Day,*** *page 11*

Johnson donates leadership gift to build new Health Center

from ***Health Center,*** *page 1*

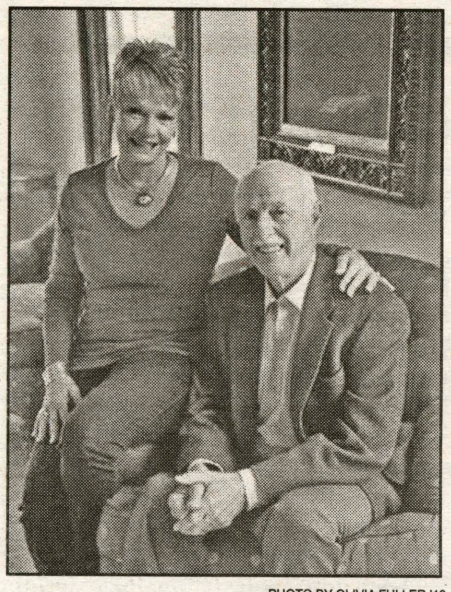

PHOTO BY OLIVIA FULLER '19

physically no place for them to sit or see patients." While there are currently no plans to expand hours or services in the new facility, Pearce explained, "additional space has been allocated to allow for more providers and more exam rooms, so that the discussion of expanded hours and services can be addressed and accommodated by the physical resources."

Johnson, who was named the Jeff Little '71 Volunteer of the Year by the Alumni Association this past weekend, declined to cite the amount of the donation, noting that a budget for the project has not yet been developed. He explained that the trustees' goal is to build the new center without any debt.

Though he and his wife had originally considered funding the construction of a new residence hall, Johnson said, "What's important to us is what's important to the campus... and this is the most crying need right now." They have made many other significant contributions to Hamilton including the J.W. Johnson Family Chair in Environmental Studies in 2007 and an endowed scholarship supporting four students this year.

President Joan Hinde Stewart said of the gift, "this will mean a great deal to our students, whom we'll be able to serve better, which is, of course, what is most important."

This comes just days after the announcement of the 2016 senior class gift, a donation to the Hamilton College Counseling Center, which *The Spectator* reported on Oct. 1.

Walden reflected on the two gifts, "Let me just express how grateful all of us are to the Johnsons for their incredible generosity and to the Class of 2016 for giving voice to the needs of not just their fellow Seniors but to the whole student body. Both of these gifts are so amazingly thoughtful and demonstrate how everyone in the Hamilton community is committed to the well-being of our students."

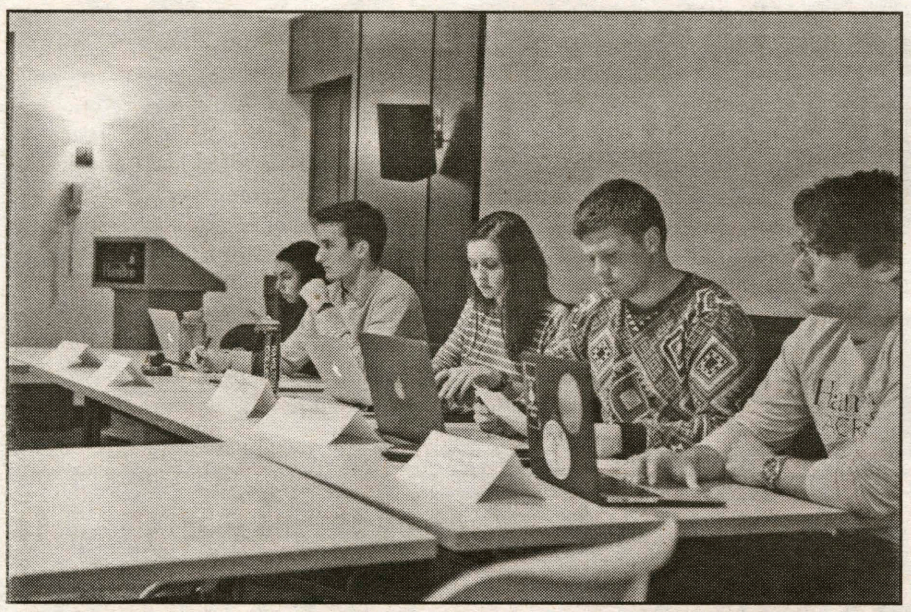

PHOTO BY ZACH BATSON '16

Ride alongs demand respect from Late Night Jitney riders

from ***Student Assembly,*** *page 1*

Andrew Fischer '17 asked how the ride alongs would rate this year so far, the staff stated that this year has certainly been an improvement over past years but not by much. Parra attributes this slight improvement to the evolving social culture of the school. Nathalia Mahabir '17, a ride along, argued that the school shouldn't be content with this progress, stating, "just because behavior has gotten better does not mean that behavior is OK. Going from terrible to bad is still not good."

While the discussion between the representatives of Student Assembly and those of the Jitney was certainly an important one, there was not really a true resolution of the issue, and perhaps there is not really one. With that said, Student Assembly did respond well to the ride alongs' desires to have them spread the word concerning issues on the Late Night Jitney. If there is a takeaway from this meeting, however, it is this: All the ride alongs want is to be treated with the respect they deserve as both students and college officials.

AMHERST BATES BOWDOIN COLBY CONNECTICUT COLLEGE

NESCAC NEWS

by Isaac Kirschner '17
News Writer

Williams launches massive funding campaign

On Oct. 3, Williams launched the Teach it Forward campaign with the goal of raising $650 million in the next few years and engaging the entire Williams community. The college has already secured $374 million towards its overall goal and engaged 66 percent of alumni in the campaign.

"Our aspiration at Williams is to reflect the communities of this global society in the broadest sense possible," said Williams President Adam Falk at a campus-wide kick off event this past Saturday. "When we bring students from every walk of life to Williams, we make Williams a better place for every single student here. And then in sending them out as graduates, we multiply our own impact on the world."

As part of the campaign, Williams will seek to raise $150 million in endowment support for financial aid to help low and middle income students afford college tuition. This allocation is the largest portion of the campaign, and reflects the colleges' commitment to maintaining socioeconomic diversity.

The college will also use the campaign to support faculty, improve the school's science capabilities, invest in experiences outside the classroom, inspire new levels of alumni and parent participation and improve the college's reputation amongst national academic institutions.

"We tend to think primarily of two kinds of institutions of higher learning: large research universities and small liberal arts colleges. In this campaign, we will secure Williams' distinctive place in higher education as combining the best of both these worlds," Falk said. "At Williams, we provide the opportunities and the rigor of a research university, in a liberal arts context and on a scale that allows for not only small classes, but also close collaboration with faculty and the mentorship and support of an entire community."

Former presidential candidate Ralph Nader speaks at Amherst

Consumer activist, lawyer and former presidential candidate Ralph Nader spoke at Amherst this past Tuesday night, Oct. 6. In an event sponsored by the Amherst Political Union, Nader discussed polarization in Washington, political efficacy, the 2016 presidential election and other relevant topics.

"We've turned politics into hedonistic spectacles," Nader said. "Just look at this presidential campaign, especially these past few months. In doing so, we've opted out from the essential rudiment of civil society: We've got to be engaged."

Before the event, Nader met with Amherst students at the Center for Humanistic Inquiry. There, Nader discussed the current state of the political system, corporate power, the two party system and other topics in which students were interested. The majority of the few dozen students who participated in this reception were members of the Amherst Political Union.

"We called this event 'American Juggernaut' because Ralph Nader has been a tireless advocate for social and political causes for nearly half a century," said David Atkins '17, Amherst Political Union co-president. "No matter how you feel about his politics, I think you have to respect a man who has dedicated himself so tirelessly to this kind of fight."

MIDDLEBURY TRINITY TUFTS WESLEYAN WILLIAMS

Dmitry Suslov gives lecture in the Red Pit on current US-Russia relations

by Michael Levy '18
News Editor

In a tightly-packed Red Pit in Kirner-Johnson on Thursday Oct. 1, Deputy Director for Research at the Council on Foreign and Defense Policy Dmitry Suslov presented a lecture on current US-Russia relations. Suslov's lecture— titled "The New US-Russia Confrontation: Causes and Future Prospects" — was sponsored by the Dean of Faculty, the Government Department and the Levitt Center. At the crux of Suslov's lecture was his conviction that the current state of US-Russia relations is not a "New Cold War," yet both states have in fact become "systematically adversarial" toward each other as a result of two fundamental disagreements between "the rules of the game [international politics]" and Cold War historical narrative.

Unlike many of his peers, Suslov is hesitant to label the current state of US-Russia relations as "The New Cold War," as he suggests in his lecture that the term is inherently "misleading." Suslov contends that calling current tensions between the two countries by this term is categorically incorrect for three reasons.

A new Cold War between the US and Russia, Suslov argues, could happen only in an international environment dominated by two separate and inherently adversarial spheres of influence. Simply put, a bipolar power structure in the international system does not exist today as it did during the Cold War (1947–1991). Power in the post-Cold War international system, as defined by Suslov, is more nuanced and diffused among various "state and non-state actors." The narrative behind current tension between the US and Russia is dissimilar to that of the Cold War in that today, there is an absence of ideological animosity between the two states. As Suslov states, "the very existence of the US [during the Cold War] was a grave threat to the existence of Russia, and vice versa." Applying an expired term to current developments is unfitting, as Suslov further notes that globalization was nonexistent or rather nascent during the Cold War and, as a result, the international system was less nuanced— dissimilar to the "chaotic and increasingly non-linear" international system of the 21st century.

PHOTO COURTESY OF PROFESSOR OF HISTORY ALAN W. CAFRUNY

Professor of History Alan W. Cafruny with Dmitry Suslov on Hamilton's campus.

As Suslov notes, a "systemically adversarial" relationship between the US and Russia presents a very different sort of conflict. The US and Russia both have recently become more aggressive in undermining each other in places where their converging and vital interests intersect the most. These proxy conflicts—intersections between US and Russian strategic interests—have most recently escalated in places like Syria, Crimea and Ukraine.

Suslov argues that the recent hostilities between the US and Russia are proxies of a much larger and more fundamental conflict. Suslov describes two deep-rooted sources: the US and Russia disagree upon the "rules of the game of international order" and spheres of influence in the post-Cold War international arena, as well as the very narrative of the Cold War. The US and Russia never agreed upon new spheres of influence after the power balance was suddenly shifted following the collapse of the Soviet Union in 1991. Furthermore, as Suslov argues, the terms under which Russia was agreeing to join the West differed drastically from Western view. Americans understand the Cold War to be an "American victory," yet for the Russians, Suslov added, the Cold War is understood to be "mutual victory."

The unipolar power structure in global politics, post-Cold War US hegemony, as Suslov contends, has been diffused among various "state and non-state actors." Suslov suggests that Russia is using the diffusion of power, and subsequently weakened US diplomatic clout to its own advantage in reasserting itself as a major world force.

In regard to US involvement in Eurasia, Suslov suggests that the US has failed to take Russian concerns and threats seriously. Suslov argues that an American aversion to Putin and Russia, along with the lack attention to Russian concerns and threats, is the cause for America's continual violation of both international law and constant threat to Russian strategic interests.

The difference in the case of Russia is in its non-capitulatory response to, as Suslov described it, America's propensity for antagonism. It follows that, for Suslov, the US is to be blame for the current hostility—not Russia. Russia is the victim of American antagonism— a victim who, unlike other victimized countries, refuses and will continue to refuse to capitulate— regardless of the Western economic sanctions' considerable effects on the Russian economy (which has taken a substantial hit as a result). Suslov cited the tense standoff between Russian soldiers and NATO officials at Pristina airport in 1999 as an example of Russia's long-standing and aggressive refusal to submit to perceived Western antagonism even amidst economic turmoil domestically.

Suslov is "pessimistic" about improvement in US-Russia relations— that is, at least until 2024 when the next American presidential and Putin's own election cycle in Russia comes to a close. Only then, Suslov anticipates, will joint systematic reform in both the White House's and the Kremlin's foreign policy strategies occur.

According to a *Hamilton News* article published on Oct. 1, Suslov has co-authored more than 150 analytical papers for government agencies concerning the internal development of the European Union and relations between Russia and the European Union. In 2013-14 Hamilton College Professor of History Alan W. Cafruny was a Fulbright Scholar at the Higher School of Economics in Moscow, where Suslov was a Senior Lecturer. Since then, Professor Cafruny and Suslov have together been involved in several collaborative projects on US-Russia-EU relations.

Campus Safety Incident Report

In an effort to increase Campus Safety's transparency and draw attention to students' dangerous and destructive behaviors, *The Spectator* will publish a selection of the previous weekend's incidents each Thursday. The entire report is available in the online edition of *The Spectator.* Both Campus Safety and *The Spectator* will use their discretion regarding what is published.

Thursday October 1, 2015

8:54 P.M. Trouble Alarm – ABC House

Friday October 2, 2015

6:53 P.M. Smoke Detector – Griffin Road Apts.
11:08 P.M. Area Check – North Lot
1:20 P.M. Noise Complaint – Griffin Road Apts.
11:20 P.M. Medical Emergency – Kirner Johnson

Saturday October 3, 2015

12:51 A.M. Medical Emergency – Residence Hall
5:04 A.M. Medical Emergency – Beinecke Village
2:00 P.M. Smoke Detector – Milbank Hall
8:01 P.M. Mechanical Issue – Keehn Hall
8:32 P.M. Smoke Detector – Bundy East
8:47 P.M. Fire Alarm – Keehn Hall
10:32 P.M. Area Check – Dunham Hall Exterior
10:49 P.M. Noise Complaint – South Hall
11:29 P.M. Smoke Detector – Eells House

Sunday October 4, 2015

12:21 A.M. Suspicious Activity – North Lot
12:26 A.M. Smoke Detector – Dunham Hall
12:30 A.M. Criminal Mischief – Dunham Hall
1:00 A.M. Noise Complaint – Milbank Hall
1:34 A.M. Smoke Detector – Milbank Hall
2:07 A.M. Fire Alarm – Carnegie Hall
2:12 A.M. Medical Emergency – Carnegie Hall
2:47 A.M. Fire – Griffin Road Apts.
4:10 P.M. Motor Vehicle Theft – C&D
8:02 P.M. Medical Emergency – Taylor Science Center

Better health services is more than a new building

As we reported in our lead story, with the leadership gift of Joel and Beth Johnson, Hamilton will be constructing a new building to replace the outdated Thomas B. Rudd Health Center.

The Johnsons' generous donation will have a positive impact on the student body. With more resources, Hamilton students will receive more efficient care; with a new design, students will have more privacy and comfort when attending appointments at the College Counseling Center.

However, one major student concern remains unresolved: the Health and Counseling Centers' limited hours.

The services the Health Center provides are essential for students on the Hill, but we cannot take advantage of them or seek necessary medical help when the center is simply not accommodating student schedules. Currently, the Centers are closed from 11:45 am to 1 pm on weekdays—a prime open-hour for students. They then close at 4:30, right after students finish classes. It's entirely closed on the weekends, when students are completely free of classes and might need medical assistance, too.

That leaves students with few hours each day to make an appointment—hours that are devoted to other classes and often filled to capacity. In the middle of the year, when sickness plagues the campus, some students have had to wait a week or even longer before seeing a doctor. While there are other medical services available in the area on weekends, the cost to reach them can be prohibitive since transportation is only covered by the Health Center if referred by them.

Similarly, while students can seek counseling services elsewhere during off hours, students benefit from the relationships they are able to build with staff at the Counseling Center. Students should not always have to resort to an emergency contact during those times.

But this is not a piece simply to point out these concerns. Here's the thing: this facility is partially about leapfrogging other similar schools. But let's not just have something that looks better than theirs, even if that's enough for tour groups. Let's invest in something fundamentally better and, in a word, healthier.

The Spectator editorial represents the opinions of the majority of the editorial board. It is not necessarily unanimously agreed upon.

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The Spectator

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Letters to the Editor Policy

The Spectator's Letter to the Editor section is designed to be a forum for the entire Hamilton community to discuss and debate campus, local, national and global issues. Pieces published in the section express the opinion of the individual writers and are not necessarily the opinions of *The Spectator*, its editors or the Media Board.

Letters to the Editor are welcome from all students, alumni/ae, faculty, friends of the college and Hamilton community members.

The Spectator has the following policies for submission:

1. Submissions are due by 10:00 p.m. on the Monday before publication. The editors reserve the right to refuse any late submissions.
2. Letters should be no longer than 500 words. The editors reserve the right to cut off letters at 500 words.
3. Letters submitted anonymously will not be printed.
4. *The Spectator* reserves the right not to publish any letter it deems inappropriate for publication.
5. If a piece is determined to be libelous, an unwarranted invasion of privacy, or an unnecessary and/or unwarranted ad hominem or personal attack, it will not be published.

About Us

The Hamilton College Spectator, *publication number USPS 612-840, is published weekly by the Hamilton College Student Media Board while classes are in session. Subscriptions are $60 per year. For more information about subscriptions e-mail spec@hamilton.edu. Our offices are located on the second floor of the Sadove Student Center. The deadline for advertisements is Monday the week of publication. For further information, please e-mail specads@hamilton.edu.*

Health and Counseling Center donations show growing awareness of mental health

by Maddy Maher '18
OPINION CONTRIBUTOR

Upon reading last week's *Spectator* and the email they sent out earlier this week, I was overwhelmed with excitement about the donations to Hamilton's Health and Counseling Centers from both alumni and the senior class. To me, health treatment of any kind, whether mental or physical, is a no-brainer; a school, or for that matter any community, needs adequate facilities, employees and resources to accommodate their people's needs.

Mental health is currently a hotbed topic in the United States. In the wake of tragic school shooting at Umpqua Community College in Oregon, which left ten people dead, our nation is revisiting a conversation that, in my opinion, should not even have to happen. When tragedies like the Umpqua shooting strike, we immediately point the finger at the mentally ill community. We credit the shooter's horrific actions to their emotional disturbance and leave it at that. Though we may demand a conversation about mental health in the context of mass shootings, it should not and, for the safety of our country, cannot end there. As a nation, we claim to feel the intense repercussions of untreated mental illness from coast to coast. Rather than shouldering the blame onto the mentally ill, why not take steps to prevent their illness from reaching a level at which they are a danger to themselves and others? If we choose to blame tragedy on mental illness, then we must take proactive steps toward improving mental healthcare in our country.

In the Oct. 6 episode of *Last Week Tonight with John Oliver*, Oliver points to the incredibly broken and misguided nature of our current mental healthcare system. After pointing out that there are "ten times as many people behind bars as there are in psychiatric hospitals," he states that "finding out jails are our largest provider of mental health treatment is like finding out Lil Wayne lyrics are our greatest source of sexual education." It is just absurd, and clearly the incorrect method of treatment. As he says, the only redeeming aspect of discussing mental health issues in the context of heinous crimes is the fact that it forces discussion at all. Nonetheless, these conversations are absolutely vital in the establishment of sufficient mental health treatment.

While significant improvements to the actual health care system will take time, funding and many more difficult conversations, small communities can start taking steps to create healthier environments by eliminating the stigma around discussing and admitting to mental illness.

I see the seniors' donation as a definite victory for the mental health movement. Not only will future students requiring mental health treatment receive higher quality on-campus care, but current students now have an opportunity to speak more freely about mental health and about what they need to improve their treatment experience. While mental health is still considered a "taboo" topic, no one can deny the facts. One in four American adults experience mental illness every year. 82 percent of Hamilton students seek treatment from the Counseling Center during their time here. 54 percent of the students on the senior gift committee voted in favor of the donation to the Health and Counseling Center over three other possible gift ideas. Reporting these facts and starting the conversation about mental health care and treatment resources helps begin to eliminate the stigma around mental health, because they allow students to stand in solidarity. These facts make clear that if you are suffering, you are not alone.

Like hundreds of other Hamilton students, I have used the Counseling Center in times of need, and my visits there always prove helpful. Last year, however, I struggled with illness, both physical and mental, that resulted in a medical leave of absence for a majority of the school year. I wanted nothing more than to stay at Hamilton, but discovered quickly upon my return in August 2014 that the Health and Counseling Centers simply did not have the resources to accommodate my needs. To no fault of their own and due to no lack of effort on their part; there was just not enough time, space or staff to allow me to stay. While the pledge of the seniors and the alumni to help improve the Health and Counseling Center comes a bit too late for me, it gives me immense hope for future generations of students who may find themselves in similar situations.

As an educational institution, the pledge to improve any aspect of our health care system illustrates the progressive nature of our college. This does not mean that the stigma against mental illness has been lifted entirely, but it sure is a good place to start.

PHOTO BY BRENNAN SMITH '17

The Counseling Center can be accessed through the back of the Thomas Brown Rudd Health Center (in the parking lot next to Commons).

Therapy Groups

Be Really Excitingly Aware This Hour (B.R.E.A.T.H.)
Mondays, 11am-12pm
Understanding Self and Others
Monday, Tuesday, Wednesday, 5-6:30pm

Biofeedback Room

Monday-Friday, 8:30am-4:30pm
A room with specialized equipment to monitor your heart-rate and breathing. There is also an ultra-bright light that increases Vitamin D absorption to help with Seasonal Affective Disorder.

Individual Therapy

One-on-one confidential therapy with a trained counselor for virtually any issue, such as depression, anxiety, low self-esteem, family difficulties, or just to talk to someone about a particular issue.

There is no waitlist: appointments are on a first-come, first-serve basis.

Other Services

There is a psychiatrist who can prescribe necessary medication as well as a nutritionist to help with eating habits.

You can call the Counseling Center at 315-859-4340 on weekdays, 8:30 am to 4:30 pm, to schedule an appointment or ask about their counseling and therapy services. **If you or someone you know needs to talk to a counselor about a personal or psychological emergency, call 315-859-4000 and ask for the counselor-on-call.**

Is there too much political correctness?

by Charles Dunst '18
Opinion Contributor

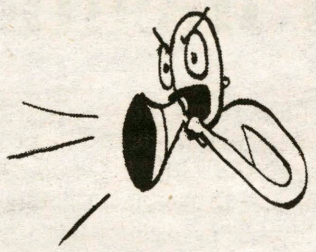

ILLUSTRATION BY CHARLOTTE SIMON '16

Political correctness is an issue on the mind of Americans everywhere. Maligned by Fox News and mocked by South Park, it has become a topic of popular discussion. The ever-polarizing Donald Trump drew monumental applause at the Cleveland Republican debate when he stated, "I think the big problem this country has is being politically correct."

On the other end of the political spectrum, the creators of South Park are known to hold relatively liberal views. Regardless, they have repeatedly mocked America's political correctness. They recently aired an episode in which a boy, Kyle, was shamed for refusing to acknowledge Caitlyn Jenner as a hero. His sentiment did not seem bigoted nor ill-informed. The sentiment expressed on the episode was a comment on her character, and it certainly was not mocking her gender dysphoria. However, Kyle is still seemingly shamed by the politically correct crowd to concede and eventually enumerate Jenner as a hero. The show received backlash for their grotesque depiction of Ms. Jenner. However, as is the norm with South Park, there seem to be no repercussions. Ironically, Mr. Non-political correctness himself, Donald Trump, was mocked in the exact same episode. So, the questions arise: when is political correctness a hindrance? When does it prevent honest discussion and growth?

In the South Park example, political correctness bared a true commentary on the character issues of now-hero Caitlyn Jenner. Wesleyan University recently had a similar issue. Wesleyan is a renowned liberal paradise, a space in which political correctness is often decried as an issue. Not to confuse anyone, I am a very liberal person, but refusing to acknowledge political correctness as an issue in liberal spaces would be dishonest.

At Wesleyan, the student government received a petition urging them to revoke the funding of the on-campus newspaper after it published an opinion piece critical of the Black Lives Matter movement. I support the Black Lives Matter movement, but it certainly has some issues. There is no reason for an article expressing some discontent with the movement to be met with so much resistance. In my opinion, the Wesleyan newspaper did no wrong. Judging from a quick browsing of the newspaper's website, the Opinion section is overwhelmed by liberal opinions on the Kim Davis controversy, Islamaphobia, the Syrian refugee crisis and other issues. There was no outcry when the *Argus* published these one-sided views. Similarly, at Hamilton, there is no outcry when *The Spectator* publishes overwhelmingly liberal opinions.

At Wesleyan, it appears that the *Argus* was attacked for publishing a normal, factually-supported opinion article. The article does not even seem to be particularly conservative nor insensitive. The article itself explains that the author "is not questioning their [Black Lives Matter's] claims of racism among the police, or in society itself." However, he simply questions, "Is the movement itself actually achieving anything positive? Does it have the potential for positive change?"

In the overwhelmingly liberal world I have grown up in, questioning movements pushing for gay or minority rights can be social suicide. Do I believe that gay and minority rights movements have a place in our current American society? Yes, absolutely. This is my opinion, and it is not factual. However, my opinion seems to fit with the political correct notion of my small world. Many of my friends do not wholly accept these movements. Their disagreeing with a liberal opinion does not make them evil. Similarly, defying political correctness does not make one evil. Everyone is allowed to have an opinion, regardless of its validity. That's the freedom of speech we love America for.

The Wesleyan story is simply the most recent example of political correctness going too far. If political correctness prevents a conversation from being had, it is problematic. Criticizing Black Lives Matter, the LGBT rights movement or even Planned Parenthood is not racist, homophobic or misogynistic. While I support all three of those movements, I constantly engage in conversations with those who do not. Otherwise, my opinions stay the same and stagnate. Stagnation of opinion is the death of intelligent thought. Am I, or any politician, expected to hold the same views for my entire lifetime? Vice President Joe Biden refused to support gay marriage in 2008, but he has come around. Donald Trump used to be pro-choice, but he has recently migrated to the pro-life camp. If political correctness prevents open discussion, it is a deleterious obstruction. Americans need to be able to confront and discuss the difficult issues, and political correctness can't hold us back. Right now, it seems that the overwhelming emphasis on being politically correct and non-offensive is doing just this. Am I saying that we should openly throw around gay or racial slurs? Absolutely not. But we need to be able to converse with those who do not support these causes.

Let me simplify and conclude. Political correctness is a good thing in the sense that it often presents slurs from being viciously lobbed at marginalized people. Political correctness is a bad thing in the sense that it prevents discussions between those who fall on the "correct" side of things, and those who do not. If pro-life and pro-choice supporters cannot have a discussion as a result of politically correct censorship, it is a negative thing. Political correctness can be a wonderful thing, but it must also not be utilized as a tool of censorship. However, it seems that this is the path we are heading down, in the media, in politics and even on our college campuses.

Thumbs Up	Thumbs Down	Who Cares?
Alpha Chi Lambda Identity Workshop: Hillary Clinton identified herself as a woman an first and President of the United States second.	**Printer A Down: You need safe, affordable access to Printer B when your first option fails. We stand with Planned Printerhood.**	**Greek Week Trivia: Which frat accidentally inducted a pledge class of just 14 pairs of salmon shorts?**
70's Party: Unfortunately Bernie Sanders will not be attending, because he is 69. Also, no one in DX sent him the Facebook invite.	**Printer A Down: Reportedly, an angry Carly Fiorina broke the computer after learning this campus leans left.**	**Lying in email subjects: We are one more false email away from taking you to the Honor Court. LAWYER UP (aka find a student who's taking the LSATs to help).**
Humans vs. Zombies: One zombie remains devastatingly at large: first name Donald, last name Trump.	**Printer A Down: Dr. Ben Carson claimed he would not just stand there and let the printer stop working.**	**Upcoming Shelter In Place Exercise: We all would have preferred this to occur on Sunday when we're so hungover that we consume only water and non-perishables in a sheltered area.**

by Jessye McGarry '16 and Carrie Solomon '16

Disclaimer: The opinions expressed in this column are purely of a satirical nature, and are not representative of the views of *The Spectator* editorial board.

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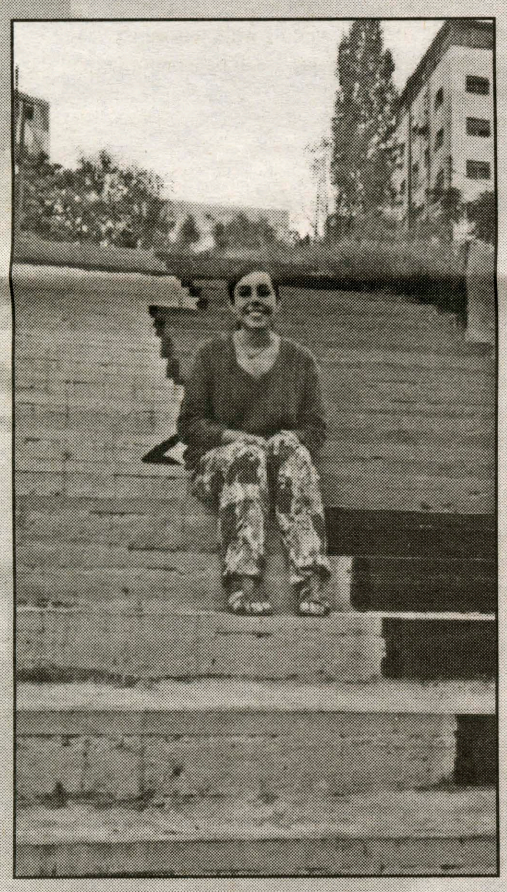
Monsalvo has been learning colloquial Jordanian Arabic while abroad.

by Annel Monsalvo '17
FEATURES CONTRIBUTOR

Academics:

I am currently studying abroad in Amman, Jordan through the Amideast Area and Arabic Language Studies program. I took all four terms of formal Arabic while at Hamilton, but coming here was a bit challenging because I had to enroll in formal Arabic and colloquial Jordanian Arabic. At first, I was very nervous about speaking with Jordanians because I never really had to use Arabic outside of the classroom. It is the native language of Jordan and it is necessary that I practice it in order to communicate with locals. Having been taught formal Arabic for two years, I came here and had to learn "Amia," or colloquial Arabic, which is a dialect more commonly used. In the first two weeks, I would get funny looks from people whenever I spoke in Arabic because I would use formal rather than colloquial Arabic. It has been a learning process, and after being here six weeks, I have noticed an improvement in my pronunciation and vocabulary use. Aside from the two Arabic courses, I also take a history course, a food course and a community-based learning course. I really enjoy the food course because I get to learn about Middle-Eastern cuisine with an emphasis on Jordanian food culture. Two weeks ago, our class was able to go to "Beit Sitti," one of Amman's top restaurants, and learn how to cook a traditional Jordanian dish. It was a fun experience because it was interactive, and we also got to eat delicious food.



One thing that I enjoy about the program is the option to take the community-based learning (CBL) course. In this class, students volunteer for an organization in an effort to enhance their critical and analytical intercultural communication skills. For my organization, I chose Amman's largest non-governmental organization called "Tkiyet Um Ali" (TUA), which provides food and services to the less privileged sectors of Jordanian society. It is an organization that fights hunger and poverty in Jordan through its feeding, external food supply and rehabilitation and employment programs. Every Monday and Thursday I go to TUA and help serve food to anyone in need of a meal. We usually feed about 300-400 people in a couple hours. Additionally, I help prepare and deliver food parcels to families living below the poverty line. The food parcels include 22 different items that fulfill all of a person's nutritional requirements. I enjoy volunteering at TUA because I have the opportunity to interact with Jordanians and feel not like a foreigner but a member of the community.

Homestay Family:

For the Amideast program, students have the option to live with a homestay family or in an apartment with other American students. I chose to live with a Jordanian family because I wanted to live like a local and not a tourist. I also wanted the familial environment because I wanted to be around people who reminded me of my own family back in Los Angeles. I was fortunate enough to be placed with an amazing host family that includes my host mom, her 17-year-old son and 15-year-old daughter. Back home, I would always help my mom with cooking and house chores, and I find myself maintaining those habits here with my host mom. I feel close to her and her family when I engage in family gatherings, especially when we share meals. Living with a Jordanian family has helped me feel integrated in this culture, which is something I really wanted in my study abroad experience.

It's also awesome to come home and eat home-cooked meals; it reminds me of my own mom and culture. Coming from a Mexican background, I was very surprised by the similarities I found between Jordanian and Mexican cuisine. One day, I was studying in my room and I thought I smelled arroz con leche (rice pudding). I walked into the kitchen and sure enough my host mom was making "arruz wa haleeb" with cinnamon, raisins and nuts, just like Mexican arroz con leche. I was so excited because I missed rice pudding and it made me feel at home. There is also a fast food dish called "shawarma" which is very similar to the way real Mexican tacos are made. It is meat (either lamb, chicken or turkey) that is placed on a vertical spit and grilled for as long as a day. Shavings are cut off the block of meat for serving, and the remainder of the block is kept heated on the rotating spit. If you go to a "taqueria," you will also find that they prepare the meat the same way, placing it on a vertical rotisserie where it is cooked and flame-broiled as it spins.

Culture/Everyday life:

Every day is a new experience and I feel proud of myself for being able to adjust quickly to a new environment and lifestyle. I have learned how to take the taxi and bus, which may seem easy, but the transportation system in Amman is nothing like that of New York. You have to be alert and go with the flow as things are not as time-oriented or organized as they are back in the States. As a woman, I've also learned a lot about the Jordanian culture and how gender expectations differ from that in the U.S. I must admit that the first few weeks I would get upset whenever I would get honked at or catcalled and I could not say anything. Now, I've learned to ignore street harassment because it is the norm in Jordan and it is not intended to be malicious, it is just part of their culture. Overall, my experience in Amman has been exciting and full of surprises. I've been able to visit great landmarks such as Jerash, the Ajloun Castle, and I've even visited the city of Aqaba, a great place to go to the beach. I look forward to seeing what the rest of the semester has in store for me.

PHOTOS COURTESY OF ANNEL MONSALVO '17

Monsalvo '17 and friends explore Roman ruins in Amman, Jordan.

Senior Reflection

Making connections on the Hill

by Kate Getman '16
FEATURES CONTRIBUTOR

PHOTO COURTESY OF KATE GETMAN '16

I have always had an independent streak. Whether I was born with an intense desire to be self-reliant or learned it from my hard-working parents, I have always shied away from accepting help. This stubbornness manifested in my life in dozens of ways before I came to Hamilton: I never let my Dad help carry my overwhelming luggage on family trips, I dreaded collaborative projects in school and I often preferred to run errands by myself instead of with my sisters. As much as I loved being with my friends, I equally loved spending time alone.

My experience at Hamilton has changed my life. Hamilton has taught me that asking for help is ok. As a January admit, I found that my transition to Hamilton was successful because I began to embrace others. As much as I wanted to stick to my own routine during the day and complete my academic work by myself, Hamilton pushed me in the other direction. I went to office hours. I worked with my fellow classmates on problem sets. I studied for biology tests with groups of people and we commiserated together walking back to Bundy at 2 a.m. I joined the rugby team and put my body on the line during every game for my teammates. I learned more about trust and camaraderie than I ever did playing varsity sports in high school.

As much as I wanted to stay closed off in my safe independent bubble, Hamilton's community wouldn't let me do that. The community we are privileged to live in fills me with immense pride. I've met such extraordinary people, some of whom I consider my own family. As I reflect on my time at Hamilton I can't stress enough to others that even if you may want to withdraw, and as isolated as you may feel, this campus has the potential to change those feelings if you let it. Don't fool yourself into thinking that you don't need anyone but yourself, or that you can get all you want out of your college experience on your own. We need each other so much. I'm continually amazed at how much my mood can change from just a simple conversation with a friend in the library, or a casual hang in a suite common room. I attribute a lot of my happiness at Hamilton to those who have simply asked how my day was going or have taken the time to grab Opus with me before a long night in the library. Helping uphold the friendly atmosphere that exists on this campus by reaching out to others in small ways is imperative to surviving the rough times that the undergraduate experience can bring. I've learned that college can be a trying time, and often we can't be sure of who we really are or what we want out of our future. Having special people in your life grounds you. I've had friends come and go, and while at times this was difficult to accept, the friends who have stuck around have become the some of the most important people in my life.

Although it may be important to perform well in school and on the field, don't forget to devote time to the relationships you have at Hamilton. Whether it's with professors, teammates, significant others or friends, these are the relationships that make your time here meaningful. I've tried new things. I've met people from different walks of life. I've opened up to others who are now my family and that I couldn't imagine my life without. It's these people who have picked me up off the floor when I thought I couldn't move forward. While letting myself feel vulnerable has been terrifying at times, I know when I walk across the stage in May I will be a better person for it.

Culinary Society Apple Cook Off

This past Tuesday, the Culinary Society hosted their first annual Apple Cook Off. People were allowed to bake or cook one dish, either individually or with a group, that included apples as the main dish. Michael Dyer '16 won over the judges' hearts and stomachs with his apple danishes, adapted from The King Arthur Flour danish pastry recipe. The original recipe can be found at http://www.kingarthurflour.com/recipes/danish-pastry-recipe.

PHOTO COURTESY OF MICHAEL DYER '16

Apple Danishes by Michael Dyer

Dough
- 2 cups unsalted butter, at room temperature
- 5 1/2 cups all-purpose flour
- 1/3 cup granulated sugar
- 4 tsp instant yeast
- 2 1/2 tsp salt; if you use salted butter, reduce this to 1 1/2 tsp salt
- 1 tsp vanilla
- 1 cup cold milk
- 1/3 to 1/2 cup lukewarm water*
- 2 large eggs

*Use the greater amount in winter, or in a dry climate; the lesser amount in summer, or when it's humid out.

Egg wash
- 1 large egg white beaten lightly with 1 tbsp cold water

Amaretto glaze
- 1 1/2 cups confectioners' sugar or glazing sugar
- 2 to 2 1/2 tbsp amaretto (you can substitute water), enough to make a "drizzlable" glaze
- Pinch of salt

Apple filling
- 6 apples (any variety)
- 1 1/4 cups sugar
- 1/2 cup amaretto (you can substitute water)
- 4 tsp cinnamon

Remonce
- 7 oz marzipan
- 3 1/2 tbsp unsalted butter

1) Begin by cutting 1/4" butter off the end of each of the 4 sticks in the pound; you'll have about 2 tablespoons butter. Set them (and the remaining butter) aside. You'll be using the 2 tablespoons of butter immediately, but won't need the remaining butter until after you've made the dough.
2) In a large bowl, whisk together the flour, sugar, yeast and salt. Add the 2 tablespoons cold butter, working it in with your fingers until no large lumps remain. This step coats the flour a bit with fat, making the pastry a tiny bit more tender.
3) Add the vanilla, milk, water and eggs. Mix and knead to make a cohesive, but quite sticky dough. This is easily done in a bread machine set on the dough cycle or in a mixer. If you use a mixer, the dough won't completely clean the bowl; it'll probably leave a narrow ring around the side, and stick at the bottom.
4) Scrape the dough into a ball, and transfer it to a floured work surface. Cover it with plastic wrap, and let it rest for 10 minutes while you prepare the butter.
5) Cut each stick of butter in half lengthwise, to make 8 long rectangles. On a piece of floured parchment or plastic wrap, line up 4 of the butter pieces side by side, to form a rectangle. Sprinkle lightly with flour, and cover with another piece of parchment or plastic wrap.
6) Gently pound and roll the butter until it's about 6" x 9". The pieces may or may not meld together. If they do, great, they'll be easier to work with. If not, though, that's OK; don't stress about it.
7) Repeat with the remaining 4 pieces of butter. You should now have two butter rectangles, about 6" x 9" each.
8) Roll the dough into a rectangle about 12" wide and 24" long. Don't worry about being ultra-precise; this is just a guide, though you should try to get fairly close.
9) Place one of the butter pieces onto the center third of the dough. Fold one side over the butter to cover it. Place the other butter piece atop the folded-over dough, and fold the remaining dough up over it. You now have a rectangular "packet" of dough-enclosed butter. Pinch the open ends and side closed as best you can.
10) Turn the dough 90 degrees, so a 12" side is closest to you. Roll the dough into a 10" x 24" rectangle (approximately). Fold each side into the center, then fold one side over the other to make a rectangular packet about 6" x 10".
11) Dust the surface of the dough with flour, wrap it in plastic wrap and chill in the refrigerator for about 20 minutes.
12) Remove the dough from the fridge, and again roll it into a rectangle about 10" x 24". Fold it into a packet as you did in step 10; it'll be about 7" x 12". Roll one final time, fold into a packet, and flour the dough lightly. Wrap loosely (but completely) in plastic, and chill it for 2 hours, or up to 16 hours; longer referigeration is often better, as it gives the dough a chance to relax and rise.
14) Make the apple filling by peeling, coring and finely cubing six medium apples. Mix in ½ cup amaretto, 4 tsp cinnamon and 1 ¼ cups sugar. Cook on medium in a saucepan for 10 minutes then simmer for 10. Set aside to cool.
15) When you're ready to make pastries, remove the dough from the refrigerator and unwrap it. Make remonce by mixing equal parts marzipan and unsalted butter, and mixing until even.
16) Roll the dough out into a rectangle about 12" by 26". With a sharp knife, cut into 3"x3" squares. Place a half of a teaspoon of remonce into the center of each square. Fold the four corners of the square into the remonce and press down to secure.
17) Repeat for each square.
18) Cover the Danish lightly with greased plastic wrap, and let them proof in a slightly warm oven for 15 min; they'll become slightly puffy. Towards the end of the rising time (they can finish proofing on the counter), preheat the oven to 375°F.
19) Brush the exposed edges of pastry with the egg wash topping; this will create a satiny, golden crust.
20) Use your fingers to press the centers of the dough squares back down. Spoon a slightly heaping measuring teaspoon of apple filling into the well of each round. Garnish around the center of each pastry with sliced almonds
21) Bake the pastries for 15 to 18 minutes, until they're golden brown, making sure to rotate and move the pans around in the oven every five minutes to ensure even heating. Remove them from the oven, and transfer to a rack. Glaze and serve immediately (tastes better) or wait until they cool, then glaze (looks better).
22) To make the glaze: Whisk the confectioners' sugar and salt with enough amaretto or water to make a "drizzlable" glaze.
23) Drizzle the glaze atop the pastries.
24) Yum

Bachelor and Bachelorette

Carter Sanders '18

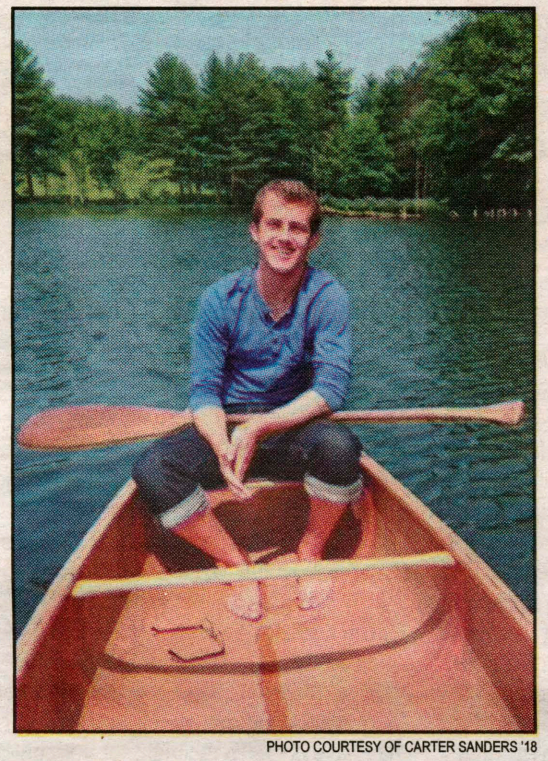


PHOTO COURTESY OF CARTER SANDERS '18

Hometown: *Milton, M.A.*
Home on Campus: *Eells.*
Major: *Muggle studies.*
Turn On? *Athletic.*
Turn Off? *Not a Patriots fan.*
If you were a dorm which would you be and why? *Kirkland because I'm sub free ;).*
Lights on or lights off? *On.*
If you had to describe yourself as the love child of any two musicians, whom would you pick and why? *Kelly Clarkson and Kenny G.*
What advertising slogan best describes your life? *"Between love and madness lies obsession."*
What TV genre best describes you? *Definitely sitcom.*
What's the best pick-up line you've ever used/had used on you? *Hey. Get your coat.*
What's your type? *Weird and goofy.*
What are three things you cannot live without? *Love, music and easy mac.*
If you were any social space, what would it be? *Bundy Dining Hall.*
Where do you go when you want to be alone? *My batcave.*
If you could join one group on campus, what would it be? *Conspiracy theories.*
What's your spirit animal and why? *Bald eagle because I'm rare and a symbol of American freedom.*
If you could break one rule at Hamilton and get away with it, which would you choose? *Ringing the Chapel bell incessantly.*
What would you give a thumbs up? *Journal writing.*
What would you give a thumbs down? *Yik Yak.*
Who would you say is your campus crush? *Indie Jillings.*
Who would you say is your faculty crush? *Doc Woods.*
What would your perfect date be? *Italian dinner followed by Lord of the Rings marathon.*
What is the weirdest thing currently in your room? *My sister's boyfriend's XL sweatshirt that I am borrowing permanently.*
If you could remake the points system, what would be the number one offense? *Peeing on the seat.*
If you were a food, which would you be and why? *Ratatouille. It's just my favorite movie.*

Stephanie Talaia-Murray '16

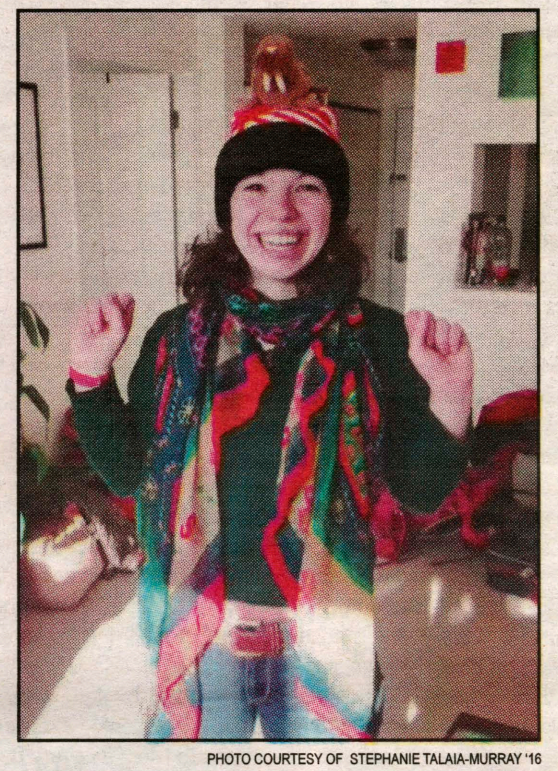


PHOTO COURTESY OF STEPHANIE TALAIA-MURRAY '16

Hometown: *Cooperstown, N.Y.*
Home on Campus: *Babbitt.*
Major: *Geology.*
Turn On? *Light switches.*
Turn Off? *Also light switches.*
If you were a dorm which would you be and why? *Co-op because there's always a party downstairs.*
Lights on or lights off? *On.*
If you had to describe yourself as the love child of any two musicians, whom would you pick and why? *Sufjan Stevens and Carly Rae Jepsen (I think they're dating already, anyway).*
What advertising slogan best describes your life? *"Stronger than dirt"-Ajax.*
What TV genre best describes you? *Single-camera sitcom.*
What's the best pick-up line you've ever used/had used on you? *I think we would have really short babies.*
What's your type? *Lumbersexual.*
What are three things you cannot live without? *Dangly earrings, eggplant and college-ruled lined paper.*
If you were any social space, what would it be? *KJ 236.*
Where do you go when you want to be alone? *Wiz palace.*
If you could join one group on campus, what would it be? *Fitness Club because I want to look like Gabe.*
What's your spirit animal and why? *Mantis shrimp because I'm small and ferocious.*
If you could break one rule at Hamilton and get away with it, which would you choose? *Bathing in the KJ water feature.*
What would you give a thumbs up? *Smiling at people on Martin's Way.*
What would you give a thumbs down? *Stealing bikes.*
Who would you say is your campus crush? *Ben Barzilai because of that time he sang "You Make me Feel Like a Natural Woman" at SPAC.*
Who would you say is your faculty crush? *Angel from the Diner, obviously.*
What would your perfect date be? *White water kayaking then Stewart's.*
What is the weirdest thing currently in your room? *Romance novel collection (very steamy stuff).*
If you could remake the points system, what would be the number one offense? *Sexual assault.*
If you were a food, which would you be and why? *Eggplant because it's purple (and I'm wearing a purple shirt).*

The Nicki Parrott Trio brings standards and fun

by Gabe Skoletsky '16
Arts & Entertainment Writer

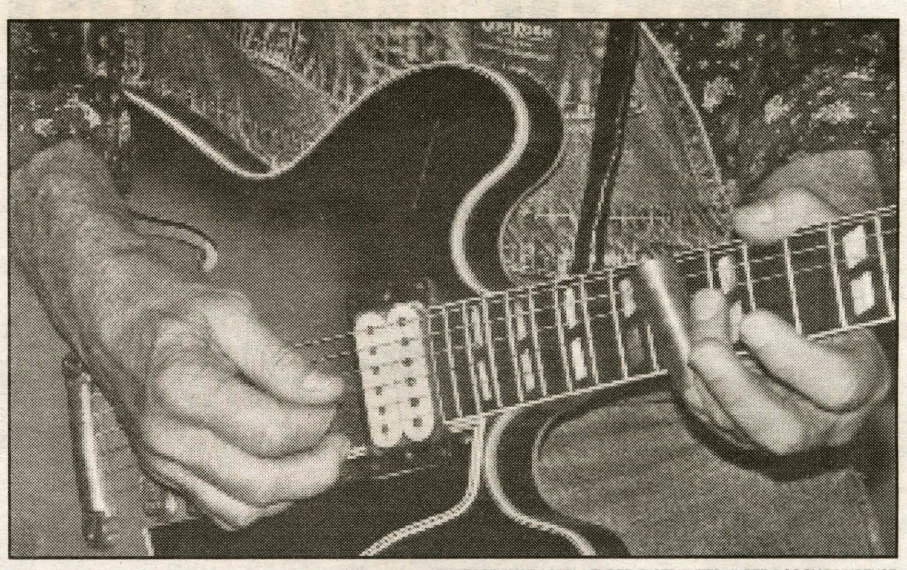
On Friday, Oct. 2, an exuberant crowd attended Hamilton's celebrated tradition of the Fallcoming Jazz Concert. This year, the Nicki Parrott Trio headlined the annual extravaganza with two sets of swingin' arrangements and tasteful soloing. In addition to being led by the dually talented bassist/vocalist Nicki Parrott, the trio featured Rossano Sportiello on piano and Eddie Metz Jr. on drums. No stranger to the Barn stage and Hamilton community, legendary guitarist Bucky Pizzarelli brought additional excitement to the evening.

The Nicki Parrott Trio initiated the night's festivities. These early numbers, which the artists called "A Dream Medley," highlighted the group's strong communication. Furthermore, the shifting contexts of slow ballads and up-tempo big band swing style arrangements allowed Sportiello and Parrott to establish themselves as effective soloists. While both artists frequently evoked a desire to keep their solos simple and melodic, they nevertheless managed to integrate spontaneity. Sportiello's tendency, especially on Jimmy Van Heusan's "Darn That Dream," to precisely execute lyrical melodies while maintaining colorful block chords reminded the listener of the harmonic beauty of Oscar Peterson and the emotive complexity of Fred Hirsch. Similarly, Pizzarelli further embellished an evening of block chordal melodies and clean, acoustically rich tone. The first set's penultimate number featured Pizzarelli exciting fast picking and palm muting technique. It starkly resembled the legendary Les Paul, with whom Parrott had the pleasure of performing on many occasions.

Parrott established her strong presence as a group leader and multitalented artist early in evening. She effectively held the harmonic foundations of the trio. However, although she was an extraordinary instrumentalist in her own right, her skills as a vocalist met much praise. Rogers and Hart's "Where or When" perhaps best displayed her artistic versatility. Not only did she sing and play the upright bass, but she also scatted. The tune highlighted her effective and clear interpretation of the words and melody along with her tender, almost Peggy Lee-esque vocals.

For much of the evening, the trio's arrangements rarely strayed from conventional melodic interpretations. However, that did not make them any less creative. The trio performed an exciting blues jam evolving from a classically authentic rendition of J.S. Bach's "Jesu, Joy of Man's Desiring." The result was a number that allowed a necessary and exciting divergence from an evening of well-known standards.

In addition to his soloing, Pizzarelli further distinguished himself as a timekeeper. His four-beat rhythm technique echoed the style of legendary Basie band guitarist Freddie Green. At times, such as when he needed to comp a soloist, the style seemed clunky and outdated. However, in some traditional swing numbers such as Count Basie's "Shiny Stockings," Pizzarelli used this style with extreme effectiveness. He cemented a sense of rhythmic cohesion with Metz on every beat, and thereby established a sense of stylistic authenticity the performers attempted to emulate. As Sportiello noted as he introduced the tune: "Freddie's style on the guitar created the sound of the Basie band. Bucky Pizzarelli is perhaps the last great guitarist left who can still effectively produce this sound." Sportiello could not have been more correct.



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Bucky Pizzarelli returned to the hill for the annual Fallcoming Jazz Concert.

As the evening came to a close, Hamilton's own Director of the Fillius Jazz Archive, Monk Rowe, shared the stage on the alto saxophone with Bucky and the Trio. Eric Maschwitz's timeless ballad "These Foolish Things" highlighted Rowe's exceptional control of his instrument. Following the theme of the evening, Rowe exemplified his musical prowess through simple melodic choices and tasteful dynamic variation. The audience reacted with glee as he peaked in his higher register with a beautiful, controlled and soft tone. When discussing the annual opportunity to perform at Fallcoming Jazz, Rowe happily admitted, "sitting in with the Fallcoming Jazz Band is a highlight of my year, like being thrown into the big leagues for an inning. Playing with a rhythm section composed of Nicky Parrott plus Bucky Pizzarelli is like going to heaven, and I am well aware of the rare privilege of standing next to a man who has played with all the jazz greats."

Fallcoming Jazz was an evening that would have made jazz traditionalists in the camp of Wynton Marsalis proud. The Nicki Parrott Trio, along with Pizzarelli and Monk, consistently featured mature, restrained, melodic and emotive playing. To the lovers of rougher, atonal and insular styles of jazz, this may have not been the night for you, but it was well accepted by the lovers of swing, melody and the Great American Songbook. This year's Fallcoming Jazz concert both celebrated and glorified this latter style.

Stout blends female mystic with reality

by Xenia Tiajolof '16
Arts & Entertainment Writer

Renée Stout's work does not comment on a theme that is new to any avid reader of American literature, or to many enthusiasts of spiritual and feminist work. However, what sets Stout's work apart from other art that incorporates the thematic image of a sexually empowered female mystic is her success in creating a believability to her mystic's reality as well as her impeccable technical achievement. In such a sublime a manner does Stout execute her vision that when one stands before the work, he does not question the honesty of the image present before him. Despite the range in mediums, including paintings inspired by graphic design, or complex assemblages (a grouping of found or unrelated objects), each is unquestionably a part of the same universe.

The art is so fully an extension of Fatima, the invented conjure woman who Stout embodies as her conduit for opinions on relationships, economics, societal pressures and the presence and importance of the spiritual world. The border between artist and alter ego blurs so much so that Stout embodies the conjure women in her text, her image and her atmosphere: the artist's purpose being a physical manifestation of her perception and reclamation of the forgotten spirituality of African American culture through Fatima's environment.

I was walking through the exhibition with Jim Larson '17 for a duration of the opening and he described the works as well crafted "counterfeits of a fantastic culture." The fantastical culture Stout paints and builds is so believable that we understand the work not as pieces Stout created, but rather as objects Fatima interacts with in her world—a culture we cannot help but feel is real. We know these objects to be affected and altered by Stout, and yet we cannot help but resonate with an authenticity that emanates from the work.

"The Root Dispenser" is one example of extreme genuineness in the imagined. The viewer is greeted with a reasonably recognizable object, with a distinction of age in its design and weather rusted appearance, but upon closer interaction with the dispenser, its specialized function becomes apparent. It is easy to imagine the object on the wall of a conjure woman's shop. The herbs in the dispenser evoke images of medicinal applications as well as otherworldly exercise. Amazingly, our brains accept this technology to be legitimate, because why wouldn't the technologies in our reality also find use in the world of the unearthly?

In my opinion, some of the most quietly effective lynchpins of the show were the photographs. With photography there is an understanding that an artist can only capture on film that which truly exists. By photographing and juxtaposing the image

continued on page 11

A talk with filmmaker Beth B

by Bridget Lavin '18
Arts & Entertainment Editor

The Spectator: *Can you give a brief description of Exposed! for the benefit of our readers?*

Beth B: *Exposed!* is a portrait of performance artists who use burlesque as a vehicle to discuss broader issues, whether social, gender or political. They also broach issues around disabilities in an extremely vulnerable and brave way, which I think makes it so riveting. In a way, they take their flaws and recontextualize and embrace them in a way that is empowering for all of us. Another very important aspect is the concept of acceptance and understanding where our judgments come from and trying to rearrange our perceptions of normality.

What initially drew you to this project?

I was drawn to this project because it brought me back to my roots in independent film, as well as work that is completely uncensored. It's bringing me back to uncensored dialogue and being able to speak about the unspeakable and creating new frameworks. I'm trying to break beyond the boundaries that are instilled within each of us, and while it's not at all about politics *per se*, it's very much a political piece.

Are there any aspects of Exposed! that are fundamentally different than other films you've created?

I came out of the underground filmmaking scene of New York City, and originally made films that I thought were confronting ideas that weren't being dealt with. But as time passed I went into television, working on films and documentaries. With this project, I'm going back to roots in portrayinging uncompromising visions of my world. I've always tried to follow my independent, outspoken approach to film, but also figure out how to support myself. I did this throughout the nineties mainly with my work on documentaries, but now I believe I have to get back to roots in uncompromised film.

Since its release in 2013, what has the reaction been?

It's been highly surprising the way it's been embraced. A lot of the screenings have been with live performances with the performers. It really emphasizes a celebration of the body and self as well as the concept of difference. The most exciting thing is when you get an audience that gets intimidated by the film, but it's done in such a way that it comes from a place of safety and the characters are so lovable and vulnerable that you really start rooting for them and understanding their struggles.

Preview: Zella Day to headline CAB Fall Concert

*from **Zella Day**, page 1*

Even in her early days, this musical freedom kept her constantly defining and redefining her music. "The only thing I was realizing was that music made me feel good and I wanted more of it," Day explained.

Day received her first major break in 2012 after releasing a cover of The White Stripes' "Seven Nation Army." Upon signing with Hollywood Records shortly after, she was able to hone in on her original work.

Though she draws similarities to the likes of Lorde and Lana Del Rey, Day's small town influences and Bohemian upbringing have given her sound a unique, desert-like feel. On her album: "The music's spiritual resonance is clearly influenced by the Northern Arizona mountains that sheltered my creative energy from any outside implications of city mentality," she said. "The creatures I encountered while exploring the depths of my mind and the small town full of secrets all hold great importance to the characterization of this record."

Day also expresses her influences through fashion. "I try to create a vision for those who attend my show," Day said. "I want to look the way that I sound, bringing in influences of the 60s hippie mamas, Southwest Native Americans and psychedelic rockstars." These musical influences are apparent in Day's spacey, often acoustic anthems.

Further, each song on the album is full of raw, genuine emotion. While major hits like "Hypnotic" and "Compass" are captivating, more stripped down tracks like "Jameson" and "Shadow Preachers" will have Hamilton students in awe of her natural singing talent.

PHOTO COURTESY OF ALEXANDRA VALENTI

Zella Day released her debut album *KICKERS* in June.

For those who have been listening to Day's work over the past few weeks, be prepared for an entirely new experience. After concluding her first national tour in support of KICKER, Day has learned more about her music than possibly ever before. "I've realized so much about my sound since playing live that I've completely redefined what the sound is. The show has a lot of elements to it that lean more rock than traditional pop. After seeing my show the record will sound different." While Day has listed a myriad of other definitions for her music, she currently calls it "organic rock."

Zella Day is in the early stages of her professional career, but her debut album is highly impressive for a young, small-town girl from Arizona. Like CAB's Walk The Moon concert in the spring of 2013, you cannot miss this opportunity. As we've seen this band's climb in the charts recently, Day is on track to do the same in the next few years.

The concert is this Friday night in the Annex. Doors at 8pm, Holy Ghost! at 8:45pm, Zella Day at 9:45pm. If you have not already purchased your ticket, more will be sold at the door for $10, first come first serve.

Renée Stout at Wellin Museum

*From **Stout**, page 10*

of bottles of herbs in "Dreams Come True" with images of streets in "Marie Laveau," Stout once again blurs the lines of our reality and believed reality. If we see it presented in a photograph, Fatima's world must be true. Her herbs must be real, and so must be her palm reading and her magic. In the time lapse photograph "New Orleans," Fatima is pictured nude, strong, wild and trapped between the spiritual realm and the physical realm. The green coloring of the wall and antique feeling of atmosphere add a quality of the occult as well. Here she reclaims standards of African American beauty, strength, femininity and sexuality, along with the image and environmental realism of the spiritual and metaphysical in one photograph. Her beauty is tied to her sense of power, her mysticism and her female body.

Stout's exhibition is one that weighs so heavily on thematics and symbolism that one only wants to discuss in further detail and in length. Rooted deeply in the same energy of reclamation she believes was existent in the Civil Rights Movement, Stout dares us to find the fantasy in her work. When we deem it an impossible mission, then we realize that there is no distinction between the representation of female strength, African American culture and the metaphysical. If you leave the exhibition without feeling a newfound rejuvenation in your belief in the spiritual realm, you did not invest yourself properly in the art.

Hamilton a cappella groups perform in Chapel

by Kyandreia Jones '19
ARTS & ENTERTAINMENT WRITER

Last Saturday, Oct. 3, all five of Hamilton's a cappella groups performed their annual Fallcoming concert in the Chapel.

The first to perform was Hamilton's oldest female a cappella group Special K. The group began with The Andrews Sisters' "Don't Sit Under The Apple Tree." Alumni such as Annie Lindahl '15 and Sarah Kerr '14 accompanied the group on stage to sing the song of tradition. The personalization (Skipping down "lover's lane" and later using their arms to spell L-O-V-E) added to the rendition, and heped keep the audience engaged.

Audrey Darnis '18 sang Sia's "Elastic Heart." Although Darnis was stiff and awkward standing center stage, her strong voice made up for it.

The group's most notable performance was their medley of Robyn's "Dancing on my Own" and Whitney Houston's "Dance with Somebody" performed by soloists Nicole Mion '16 and Jen Lengvarsky '16. The two songs made for a smart pairing, and Mion and Lengvarsky gave them the respect they deserved. As the ensemble sung along, the already moving performance became more powerful and enjoyable.

After Special K came co-ed a cappella group Duelly Noted. Leading with The Chiffons's "One Fine Day," the group gave a performance more oriented toward the talents of the ensemble that that of a soloist.

President Michael Dyer '16 called alumni to the stage to perform "The Way You Look Tonight." The simplicity of the act captured the essence of the lyrics, and the group's harmonies captured the timelessness of Frank Sinatra's classic.

Their rendition of Shawn Mendez's "Stitches" showed off the group's rhythm and range. Duelly incorporated many theatrics into their set, which provided an interesting contrast to the rather humble group that preceded them. Their wacky facial expressions (especially that of alto Joanie Frost '16 and mezzo-soprano Sarah Hoover '18) and choreographed moves delighted the audience and made for a fun experience.

Following Duelly Noted was the all-female group Tumbling After.

The group began with "What Them Girls Like" by Ludacris featuring Chris Brown. Unfortunately, the rapping of the song was lost in the onstage performers as well as the crowd's clapping and cheering. Thankfully, this didn't last long as Geleece Brady '16 began to sing Sean Kingston's "Replay," complemented by Gym Class Heroes' "Heart of Stereos" sung by Isabel O'Malley '18.

O'Malley and Brady's bright smiles added to the enjoyment the performers provided the audience. It was fun to watch because the women themselves were in high spirits and respected their place before the crowd.

Juniors Catherine McLeod and Hilary Giles led the group in Birdy's "Wings," before they sang Crosby, Stills, Nash and Young's "Helplessly Hoping" for a strong finish.

Up next were The Hamiltones. Demonstrating their light hearted and quirky nature, the Hamiltones began with The Eagles' "Seven Bridges Road." Senior Katie Conroy's take on Fleet Foxes' "Mykonos" got many laughs. Making hilarious gestures and faces, Conroy proved that with a beautiful voice and a whole lot of personality, one can gain a positive reception from the audience. Following the same trend, Sarah Hooper '16 sang N'Sync's "Bye, Bye, Bye" and The Backstreet Boys' "Larger than life." Hooper added her own moves and perpetuated the quirky, fun vibes.

The group's most memorable performance was the Local Natives' "Who Knows Who Cares" performed by Nick Lucchesi '16 and Alumnus Sean Henry-Smith '15.

Lucchesi and Smith's onstage chemistry and apparent love for the craft transcended the performance. The joy on their faces and the ease with which they sung was a sight to behold. Not only did the men have amazing voices, but it was also evident they were having the time of their lives. It was this understanding that propelled the performance and the audience's enjoyment. As the rest of the members joined them in song, a wave of togetherness and harmony washed over the crowd.

Last to perform were the Buffers. Before beginning their set, the Buffers called upon an original Buffer, Bob Abrams '53 to applaud him for helping create the all male a cappella group during his time on the Hill.

Musical Director Michael Burchesky '17, overjoyed by Abram's appearance said, "it was a very special night for all of us, I think the word that was used most was 'legendary!' Although he graduated over 60 years ago, [Abrams] humbly came up on stage with us and sang our fight song as if he had never left. Once a Buffer always a Buffer." When Abrams was called, a sole cane rose above the crowd and the audience erupted into cheers and applause.

After first saying he was a little "under the weather," Abrams surprised the crowd by joining the Buffers and the other Alumni in their Hamilton classic ("Al Ham as The Buffers call it).

Following the fan favorit Max Flath '17 and Carter San ers '18 did The Backstreet's "N Diggity," taking the audience to jam session. By the second time t chorus came around, heads we nodding, shoes were tapping a everyone was mumbling along the song.

Switching gears from th usual humor and bravado, T Buffers sang Pentatonix's "R to You." Their effortless transiti from theatrics to raw talent reveal that they are a little more than bunch of men having a grand o time.

President Matt Golding ' led the group into Stevie Wonde "Signed, Sealed, Delivered I Yours," the last song of the e ning. By this point, the audien devoted to the group and eage join in on the fun, sang and clap as the men brought the concer a close.

Hamilton's a cappella gro were as unique as they were ented. Each act gave the audie a brand new and jaw-dropping perience. The alumni feature each performance proved that love and joy that goes into ev song last a lifetime. Indeed, f ings of merriment, togethern and harmony are not diminish by the passage of time.

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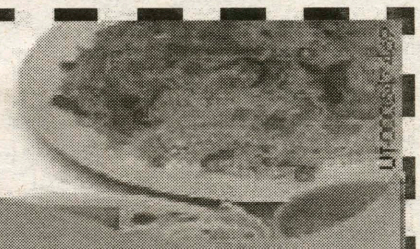

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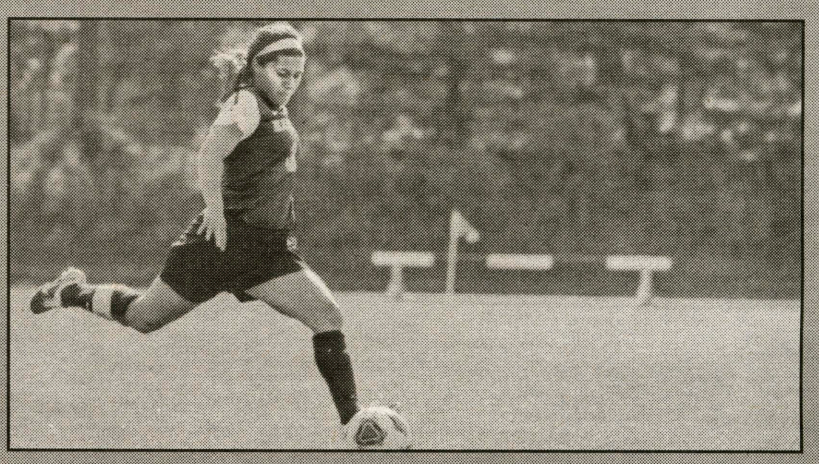
Fallcoming Weekend Scoreboard

Golf

The women's team placed second overall at the 2015 Le Moyne College Women's Golf Fall Invitational, held at Timber Banks Golf Club in Baldwinsville, N.Y. Three of the five schools in the tournament were Division II athletic programs. The Continentals recorded a cumulative four-person score of 684 over the weekend, finishing behind Franklin Pierce University, who captured the team title with a 649. Meanwhile, the men's team tied for third place out of 10 teams at the NESCAC Men's Golf Championship Qualifier, reaching the 2016 NESCAC Championship in the spring. This is the seventh time Hamilton has qualified for the championship since the conference created the four-team format in 2007-08.



PHOTOS COURTESY OF MIKE DOHERTY

Women's Soccer

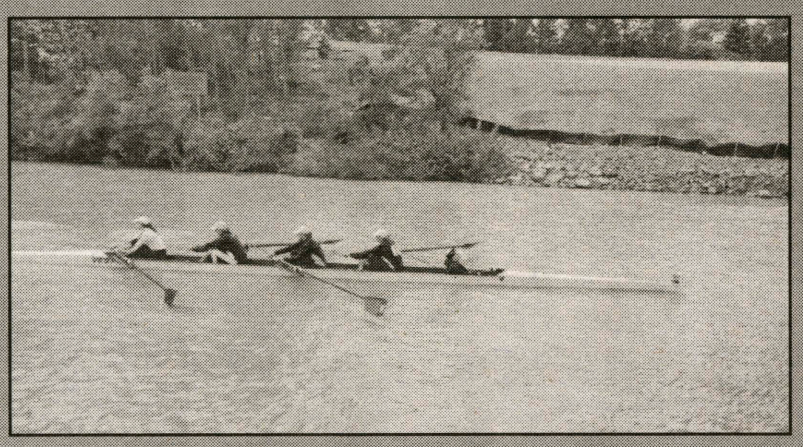
The Hamilton College women's soccer team won its fourth consecutive game after shutting out Tufts, 1-0, on Oct. 4 at Love Field. The shutout was Hamilton's third in a row, the first time the Continentals have pulled off such a streak in five seasons. The team has not conceded a goal in 297:17, the program's longest streak since the 2007 team notched a five-game scoreless streak and held opponents without a goal for a span of 382:30. Becca Rees '16 scored the game's only goal in the 56th minute, launching a direct kick into the top right half of the net past the outstretched arms of the Tufts goalkeeper.

Field Hockey

Ranked No. 12 in the nation, Tufts posted a 6-1 conference win over the Continentals at the Campus Road Athletic Complex on Oct. 3 to snap Hamilton's three-game winning streak and hand the Continentals their first home defeat of the season. Merisa Dion '17 scored her second goal this year for the Continentals on an assist by Eva Rosencrans '17. Hamilton currently sits fifth in the NESCAC standings with a conference record of 3-3 and an overall record of 6-3. The Continentals next game will be a non-conference tilt at SUNY Oneonta on Thursday, Oct. 8.

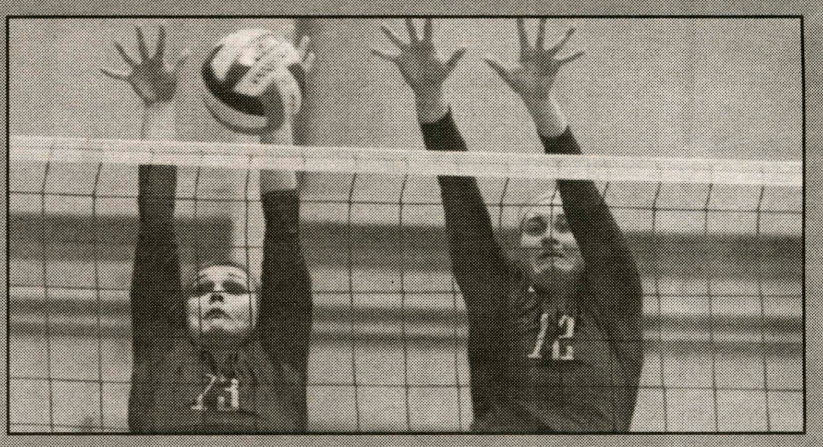
Football

The Continentals dropped their second consecutive home game of the season in a 15-10 defensive struggle against the Wesleyan Cardinals. Hamilton held the lead for most of the fourth quarter following a 24-yard touchdown reception from Nick Caso '16 late in the third, but Wesleyan's Devon Carrillo '17 gave them the lead for good with 3:19 left in the game on a 19-yard run. Four of Hamilton's next five contests are on the road, with an Oct. 10 contest at Trinity next on the schedule. The Continentals will not return home until Oct. 24, when they host Colby during Family Weekend.



Rowing

Hamilton's rowing teams opened their seasons on Oct. 3 at the Head of the Genesee in Rochester. The top performance came from the women's open 4, which took second out of 14 boats with a time of 18:44.42. The men's varsity 8 placed seventh, posting a time of 15:17.16, while the women's varsity 8 finished in 17:16.80 to take eighth place in their competition.



Volleyball

One of the few teams to play on the road during alumni weekend, the volleyball squad lost in four sets against the Trinity College Bantams in a conference match at Oosting Gymnasium on Oct. 3. Hamilton is now 1-3 in NESCAC play, and will host Williams College on Oct. 9.

Ultimate frisbee uses fall season to acclimate first-year players

by Yoshi Hill '16
Senior Editor

During the final weekend of September, both Hamilton Ultimate Frisbee teams ventured to Buffalo to compete in the annual Theodore Seuss Geisel Memorial Ultimate Tournament hosted by SUNY Buffalo. After the two days of competition, the teams emerged more cohesive, having continued to expose first-years to game action as the process of optimizing their lineups continued. The fall season functions as more of a developmental phase, helping prepare the team for the important tourneys taking place in the spring.

The women's team, dubbed the Hot Sauce'Hers, tallied four victories in their seven games, which was good for fifth place among a challenging pool of opponents. Reflecting on the weekend, Sam Mengual '16 said, "Our expectations for this tournament were to teach our newer players what level of play is expected... Our new women far exceeded our expectations this weekend and have already improved since the beginning of the year."

PHOTOS COURTESY OF SAM MENGUAL '16

Hamilton won over half its games at the Dr. Seuss tourney.

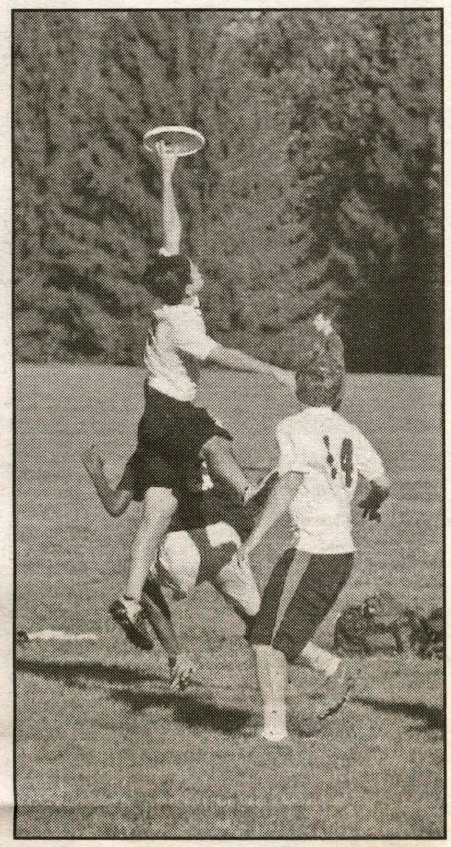
In spite of several tough losses to the tourney hosts and SUNY Binghamton, the Hot Sauce'Hers demonstrated impressive teamwork and skill in dominant displays against SUNY Brockport, which ended in an 11-3 victory, and SUNY Fredonia, in which Hamilton did not concede a single point.

At the beginning of this acclimation process, there were a few bumps, but the captains were confident that these challenges would prove to be helpful in the long run. This year, a large number of players have joined the team and many of them look capable of contributing in a significant way.

The men's team employed a novel approach to expose its newcomers to collegiate-level ultimate. Captains Brian Jung '16 and Nicholas Lucchesi '16 decided against forming A and B teams, with the A team composed of its best players. Instead, they formed two teams with a balanced mix of experience and skill so that the newer players would be more involved.

This method had immediate dividends as both teams, Hamilton X and Hamilton Y, managed to win more than half of their games. Hamilton X triumphed 13-12 in a nail-biter against Buffalo, which Jung described as "exceptionally fun to play. We traded points for the whole game until the very end when we stepped up the intensity to tie the game." In the end, it was a first-year who proved the difference, when Tyler Spector '19 scored the final decisive point.

Optimistic after the results of the weekend, Lucchesi added, "We thought it was advantageous to sacrifice short-term success in favor of long-term growth. We encouraged the rookies to learn from their mistakes on the field, rather than concern themselves with the scoreboard." In this pressure-free environment, the first-years distinguished themselves, impressing the captains and demonstrating that they will be able to replace the talent of last year's seniors. Jung concluded, "As a group, this year's rookies have impressed me more than any other class year. Both in class size and raw athleticism, they bring a lot to the table."



M. rugby in second place in Northern division of NSCRO

*from **Rugby**, page 16*

excelling in his counter plays; the men insisted that their countering was at its best because of his athleticism and speed.

In short: Hamilton owned the pitch. The men demonstrated their strengths in all areas, from their domination in the scrum to their unstoppable intensity.

"Our forwards and backs linked up very well," club president Matt Currier '16 praised. Pace agreed, "It was evident that our team chemistry was superior."

The team's confidence surely bolstered their performance last Saturday in its game against Clarkson, ranked fifth out of six in the league. In their Fallcoming game, Hamilton crushed the opposition 34-0.

From the start of gameplay, Hamilton overpowered Clarkson with unrelenting possession of the ball. The entirety of the first half took place within the visiting squad's 22-meter line, just steps away from the try zone

Hamiton yet again recorded a series of tries. First Rokous scored on a skip-pass play after an offload from Bates; his try was the third time Hamilton scored within the 5-meter line on a play. Ball then assisted Mathurin in his second try of the year, followed by a try from Dan Farina '17, his third of the year.

Ball, after assisting two tries against Clarkson, finally secured his own try following Farina. This was his first try of the year.

In the second half of the match, Hamilton admittedly became a little sloppy.

"People were trying to make big plays out of small opportunities," Bates explained. "We did a good job finding guys to continue the play, but we got a little pass-happy."

PHOTO BY ZACH BATSON '16

Nick Ball '16 scored a try against Clarkson.

The men's fierce display of skill and athleticism in the first half turned into careless mistakes, specifically in rucks. In all fairness, the rucks were messy throughout the match on both sides, and thus, both teams expressed their concerns to the sir. Yet, it was Hamilton that ultimately took the fall for the aggression. In order to send a message about the danger of the rucks, the sir gave Harry Dubke '19 a yellow card for improper physical conduct. Leopold attempted to challenge the decision but was consequently also penalized with a yellow card for inappropriately talking back to a sir.

In the final half of regulation, both Alex Hollister '17 and Noam Barnhard '18 scored career-first tries, the latter with Hamilton down two men.

Despite some mistakes, the men were very satisfied with Saturday's outcome. Ball was especially pleased by the "well-rounded" nature of the rucks; "Everyone contributed," he explained.

This Saturday, the men will finish their regular season at Saint Lawrence. While the men are extremely confident going forward, they maintain their ongoing need to prime their skills and avoid making mental mistakes.

"As playoffs approach, we still need to tighten up penalties and rucks," Leopold said. "We want to focus on tackling well and role identification on tackling rucks."

Hamilton will participate in divisional playoffs the weekend of fall break, Oct. 17. The championship for the northern division will be the weekend after, to be followed by a bye week before the NSCRO championships series.

The men's performance this entire season blatantly begs the question, Why is rugby not more acknowledged and supported on the Hamilton campus? With its impressive record and talented athletes, the men's rugby team rises above its club status to equal—and arguably surpass—that of Hamilton's varsity sports.

That's what happens when you play with neither pads nor helmets—just balls.

H SPECTATOR SPORTS
October 8, 2015

M. soccer scores first win against nationally ranked opponent since 2007

by Patrick Malin '18
Sports Editor

The Hamilton men's soccer team tallied a momentous win during Fallcoming weekend, defeating reigning Division III national champion Tufts in double-overtime with a score of 2-1. Defenseman Spenser Heller '17 scored the game-winning goal with less than five minutes remaining to topple the nationally ranked Jumbos squad.

Coming upon Sunday's matchup, Tufts was ranked number 12 in the nation in the Division III Coaches poll after starting the season with a 5-1 record. Tufts entered the season ranked at number one after winning the Division III National Championship 4-2 against Wheaton College (Ill.) last December.

The Continentals took the field Sunday hoping to avenge last season's 2-0 loss at the hands of the Jumbos. Hamilton had several opportunities to score within the first half, but Tufts scored the lone goal of the half during a penalty kick in the 37th minute. Goalie Harris Pollack '17 stopped the first penalty attempt, but the Jumbos were given a second try after the referee called off the first attempt because he had been in the process of issuing a yellow card to the Hamilton bench.

"As a defensive unit, we put a lot of focus into keeping the ball in front of us, and we managed to do that very effectively against Tufts, with almost all of their opportunities coming on long-range shots," Heller said.

With less than 10 minutes remaining in the game, Tufts fouled Erich Marcks '16 inside the Tufts penalty box, giving the Continentals a chance to draw even. Marcks stepped up to the penalty spot and blasted a shot past the Tufts goalie, leveling the score at 1-1 with Marcks's first goal of the 2015 season.

Following a scoreless first overtime period, the Continentals intercepted a Tufts corner kick, starting a dangerous counter-attack towards the Tufts goal. Killian Clancy '18 took the ball down the left side of the pitch and delivered a cross into the penalty box, where Jack Temko '18 redirected a pass across the box to Heller. Heller put the ball into the back of the net to tally the "golden goal," ending the game and sealing the Hamilton victory.

"We've had some very late goals in games this season, so everyone knew if we kept pressing, we'd have a good opportunity to win the game. We worked hard to win the ball in the attacking third, Clancy put in a very dangerous ball into the box, and it created a great goal-scoring opportunity that we capitalized on," Heller said.

The Continentals' victory improved the squad's overall record to 4-5, with a NESCAC record of 2-4. More importantly, the win against the nationally ranked Tufts team moved the Continentals into a coveted playoff spot with just a few weeks remaining in the season, overtaking the Bowdoin Polar Bears for the eighth and final playoff position.

"The biggest thing about gaining three points from the Tufts game is that we are now in control of our own destiny. We hopefully will not have to rely on results from other teams, and can now go out and take care of business," Heller said.

Using goals by Myles Pindus '19 and Alex Cadet '17, the Continentals capitalized on their momentum from the win over Tufts by beating the Ithaca Bombers to improve to 5-5 for the season.

The Continentals will take on an undefeated Amherst team at home on Oct. 10, looking to stun another top NESCAC opponent. The final three games of the season represent an important stretch for Hamilton's playoff aspirations. The Continentals will travel to Maine to play Bowdoin on Oct. 17 and then to Massachusetts for a matchup against Williams. The Continentals will conclude their season with a home game at Love Field against Colby over Family Weekend, hoping to clinch a spot in the NESCAC playoffs.

Heller said, "We know that every team in the NESCAC plays at such a high level, so we just need to focus on playing consistently and getting results. I would say our main focus is to play consistently throughout the entirety of the game, something we did very well against Tufts."

PHOTOS BY BEN MITTMAN '18
Erich Marcks '16 scored the game-tying penalty kick against Tufts.

Men's rugby remains unbeaten

by Kaitlin McCabe '16
Editor Emerita

The Hamilton College Men's Rugby Club (3-0-1) enters this weekend's competition seemingly retaining the best record of any Hamilton team. this year After dominating their last four games, the men have climbed to second out of six in their NSCRO division standings, thus clinching a home playoff game on Saturday, October 17.

The men traveled to Paul Smith's College on Sept. 26. For the week prior to the match, the team practiced using the entire pitch rather than sticking to small pockets of space during plays.

"We wanted to develop a genera principle of utilizing space that was open and not falling into a pattern, seeing the full field," backs captain Andrew Leopold '16 explained. Over the course of practices, they definitely grew more prepared for their upcoming test, having demonstrated what John Bates '16 referred to as "improved back and forth fluidity."

Surely, the men's effort paid off—Hamilton triumphed over Paul Smith's 33-3, earning them a bonus point in standings for scoring at least four tries.

Leopold, who went 4-for-5 on conversions, scored the first try of match off of a kick and chase play. Sam Copman '16 continued the trajectory of success, scoring both the second and fourth Hamilton tries. While Copman has played on the team since his first-year spring, these were his first collegiate tries.

"It's nice he was able to be rewarded on the offensive end," Leopold said.

Copman had a very successful performance on all ends of the pitch, in addition to scoring two significant tries for the team. "Sam played really well defensively, making several good tackles," Bates added. "The [person getting tackled]'s going to the ground with Sam, one way or another."

Nick Pace '19, the elected Rookie of the Game, is credited with the third try, another collegiate first. Assisted by Bates, who then offloaded to forwards captain Nick Ball '16, Pace received the ball and brought it successfully into the try zone.

"When I scored my try, I felt like I was on top of the world," Pace said.

Hamilton's last try came from Jeremy Mathurin '16. In an incredible display of strength, Mathurin broke eight tackles and drove three defenders down the pitch in order to successfully score right between the goalposts.

Joey Rokous '18 contributed significantly to Hamilton's success

PHOTO BY ZACH BATSON '16
Andrew Leopold '16 picked up a yellow card.